

Cryotherapy Devices

Christopher Ash

Durable Medical Equipment Coordinator

The Alpine Clinic, PLLC

What is Cryotherapy

- A method of icing a localized area using a device to help reduce swelling and inflammation.
- Controls Swelling
- Pain management
- Assist in recovery
- May decrease medication use
- Devices can be used on either side of body

Insurance

- Unfortunately, these devices are not covered by insurance companies.
 - *Workman's comp patients please contact Chris @ 603-991-0480*
- Devices are purchased out of pocket
- If you would like a device or want to come look them. Please Call Chris @ 603-991-0480.
 - *If a device is wanted, please contact Chris at the latest, the Thursday before your scheduled surgery.*

Hot/Cold Gel Pack



- 1 Hot/Cold Gel Pack: \$10.00
- Can be used for cold and hot applications
- It will retain heat or cold for about 1 hour
- Moldable unlike a bag of like ice
- 20 minutes on 20 minutes off
 - *Please have a barrier between leg and device*

Knee Gel Wrap with 2 Gel packs



- Cost: \$80.00
- Comes with 2 gel packs
 - *1 gel pack is placed in device while the other one will be in freezer*
- Elastic bands for straps
- Stays cold for about 2 hours
- 20 minutes on 20 minutes off
 - *Please have a barrier between leg and device*

G-Force Cryotherapy Compression Knee Brace



- Cost: \$80.00
- Comes with 2 gel packs
 - *1 gel pack is placed in device while the other one will be in freezer*
- Gel pack will last about 2 hours
- Air Compression
- Straps do not stretch
- Stays cold for about 2 hours
- 20 minutes on 20 minutes off
 - *Please have a barrier between leg and device*

Hip Wrap with 4 Gel Packs



- Cost \$80.00
- The waist/thigh bands are elastic and fits a majority of patients
- Stays cold for about 2 hours
- Comes with 4 gel packs
 - *2 gel packs are used at once and the other 2 will go into freezer*
- 20 minutes on 20 minutes off
 - **Please have a barrier between hip and device**

Breg Polar Care Cube (Motorized)

Will come with either hip or knee pad when ordered



- Cost: \$200.00
- Picture 1 (Device with knee pad)
- Picture 2 (Hip Wrap)
- Motorized not gravity fed
 - *Ice and water are added to the device and the machine will circulate the cold water to the pad.*
- Very reliable machine, we have had no issues with this device.
- 6-8 hours of continuous cold therapy
- 20 minutes on 20 minutes off
 - *Please use a barrier between knee or hip pad*